

*Strands*

	Welcome back & goal setting		
	Study skills		
	Study skills		
	Preparing for mocks and managing stress		
	Managing stress & building resilience Long term effects of drug abuse		

	Action Steps		
	How are you doing?		
	Careers Ideas		
	Qualifications		
	Qualifications and Equivalents		
	Apprenticeships		

--	--	--	--



